

WHAT IS RECREATION LEADERSHIP?

Recreation leaders enable and encourage recreation activities. Leadership requires a broad set of skills and knowledge often referred to as competencies. Recreation North's Training Program develops community recreation leaders who:

- Promote health and wellbeing and the benefits of recreation
- Are positive role models
- Plan, deliver, and evaluate recreation programs/services
- Ensure inclusive and accessible recreation
- Access resources through the recreation system
- Administer budgets and grants
- Manage risk
- Use facilities and outdoor spaces appropriately
- Connect with and support community volunteers and groups
- Understand staffing practices
- Engage volunteers



CONTACT INFO:
 Program Manager
 867-669-8377
 info@recnorth.ca
 www.recnorth.ca



WHAT IS RECREATION?

Recreation is the experience that results from freely chosen participation in physical, social, intellectual, creative, and spiritual pursuits that enhance individual and community wellbeing.

WHAT IS THE PURPOSE?

The Recreation North Training Program develops leaders who foster health, wellbeing, and quality of life through recreation.



DISTANCE LEARNING for RECREATION LEADERS

ABOUT THE PROGRAM

The Training Program strengthens competencies for working and volunteering in the recreation field. Delivered online and through conference calls, participants develop knowledge and skills without leaving their home community or setting aside work and family responsibilities.

The Program respects diverse experiences and learning styles and is relevant to local interests, culture, and environment. Short courses called learning events, allow participants to engage with peers and apply their learning through practical activities. Learning events take about five hours to complete over a few weeks and are delivered by Northern trainers.

Residents of the Yukon, Northwest Territories, and Nunavut can register for one or a few learning events; earn a Certificate in Northern Recreation Leadership; and/or take the training for professional development or personal interest. Start training at any point and at any time.

For in-person training, contact your territorial recreation and parks association.

"It is flexible and works around people's schedules - you can complete certification at a reasonable pace in a reasonable way."

~ Jason Tologanak, Rankin Inlet

BECOME A RECREATION LEADER

Explore a career in northern recreation. Recreation North's Training Program builds confidence and competence for working or volunteering as a recreation coordinator, youth leader, board member, coach, fitness leader, or day camp leader.

No formal training, education, or previous experience is necessary.

BECOME A CERTIFIED LEADER

Establish your career as a recreation leader. Complete 12 core learning events (*) for a Certificate in Northern Recreation Leadership.

Become part of the network of Northern recreation leaders who are making a difference in their communities.

"It was a marathon of informative, relevant, and practical learning."

~ Nyasha Kamera, Pond Inlet

CONTINUE YOUR PROFESSIONAL DEVELOPMENT

Stay current in your work as a recreation leader. Expand your network and gain new ideas. Choose one or more learning events for professional development or personal interest.

Apply learning events towards your Professional Development Certification with the Canadian Parks and Recreation Association

"As a result of taking this training, my employee gained confidence and was better able to do the programming. He was able to apply what was learned instantaneously and I see him do it on a daily basis. It was incredible!"

~ CAO Kathy Clark, Haines Junction



LEARNING EVENTS

- RF101* Intro to Recreation Foundations
- RL101* Identify Your Own Leadership Strengths
- RS101* The Recreation and Sport System
- RS102* Get to Know Your Community
- RS103* Value Northern Recreation, Arts, Culture and Sport
- PE101* Deliver Recreation Programs and Events
- PE102* Create Positive Program Experiences
- BF101* Handle Basic Recreation Finances
- BF102 Proposal Writing
- CB101* Community Building Basics
- RP101* Plan for Success
- FS101* Use Community Spaces and Places Creatively
- RM101* Manage Risk in Rural and Remote Communities
- RM102 Use Documentation in Rural and Remote Recreation
- RM103 Understand Legal Risk in Recreation
- SV101 Find and Keep Volunteers
- PM101 Promote Your Programs and Events
- BG101 Board Basics
- BG102 Roles and Responsibilities of Board and Committee Members