

Value Northern Recreation, Culture, Arts and Sport

RS103





Value Northern Recreation, Arts, Culture and Sport

Recreation and Sport Systems (RS103) encourages an appreciation for the diversity of Northern recreation, arts, culture and sport.

Valuing traditional games, dance, art, music, heritage, sport, and on-the-land activities will help you support unique and meaningful recreation experiences.

Learning Objectives

- Discuss the history and impact of the Arctic Winter Games and North American Indigenous Games.
- Explore a recreation, cultural, arts or sport activity/event unique to one's community or region.
- Explain how to support the experience and benefits of participating in activities unique to one's community or region.

About Your Trainer:

Add description



Prepare for Conference Call #1

1. Review Slides 1-12.
2. Complete RLA #1 and post to Week #1 Forum.
3. Prepare to share your thoughts using the questions on **Slide #12**.
4. If you cannot join the call, listen to the recorded call and post your thoughts to the questions in the Week #1 Forum.

Calls to Action #87 - #91

#87... tell the national story of Aboriginal athletes in history

#88... long-term Aboriginal athlete development and growth, and continued support for NAIG

#89... policies that promote physical activity, reduce barriers to sports participation, increase pursuit of excellence in sport, and build capacity in the Canadian sport system, must be inclusive of Aboriginal peoples.

#90... national sports policies, programs, and initiatives must be inclusive of Aboriginal peoples: community sports programs reflect diverse cultures and traditional sporting activities; elite athlete development; programs for coaches, trainers, and sports officials; and, anti-racism awareness and training programs.

#91... respect Indigenous protocols at international sporting events and engage Indigenous communities in planning and participating

North American Indigenous Games and Arctic Winter Games: sport AND culture



Image: Sol Neelman



Image: Radio Canada International

Conference Call #1 Agenda

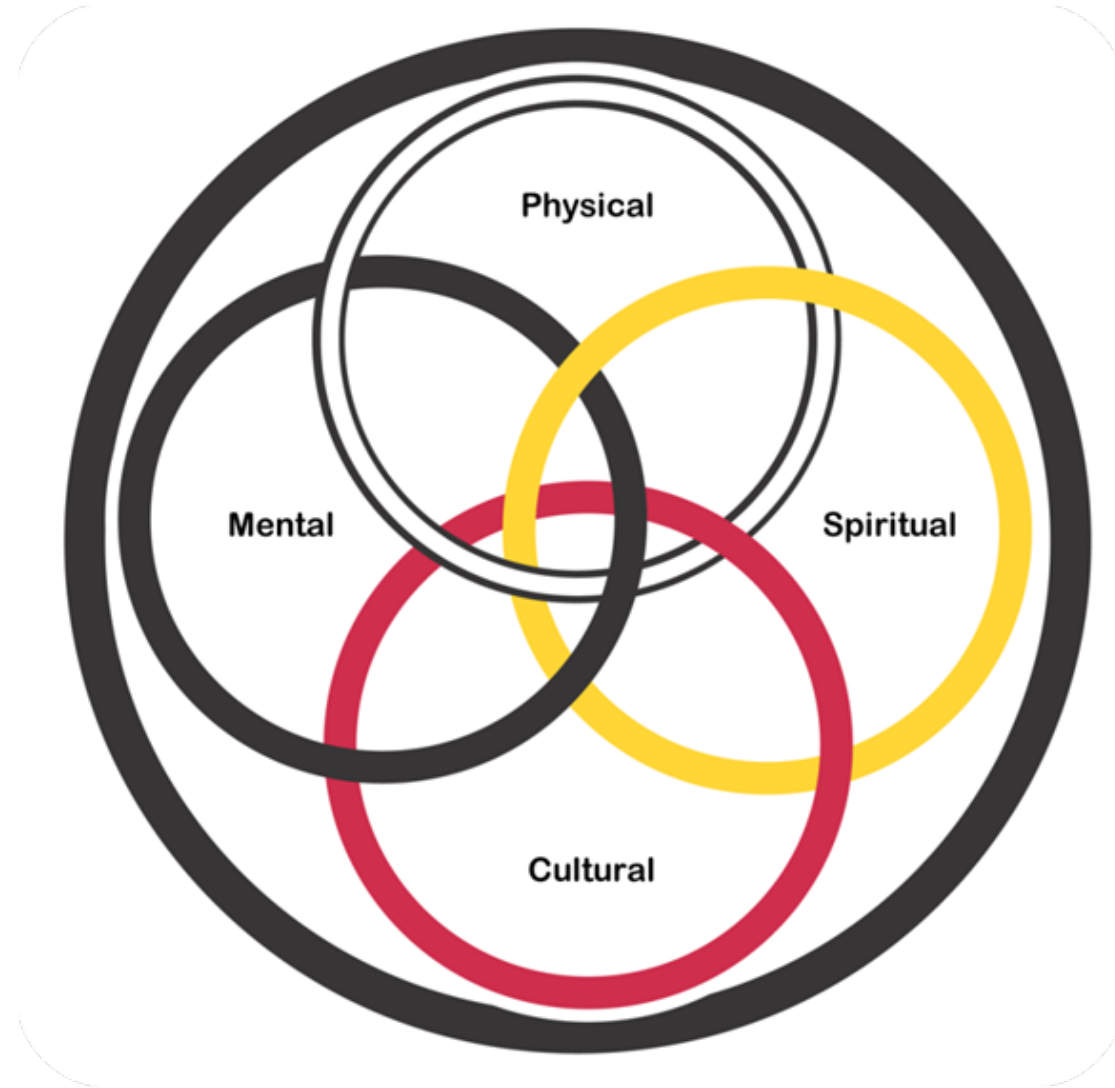
1. Check In
2. Learning Event Objectives
3. Debrief of RLA #1: North American Indigenous Games and Arctic Winter Games
4. Introducing RLA #2: Bright Spots



RLA #1: North American Indigenous Games and Arctic Winter Games

1. Develop a question (a problem, an issue or something of interest to you) you'd like to investigate about NAIG and/or the Arctic Winter Games from a cultural perspective.
2. Give yourself a chance to try and answer your question before doing any research. Record your ideas.
3. Use various resources to help you answer your question. Post your questions and answer in our **Week #1 Forum**.

Hybrid Medicine Wheel (Greg Henhawk)



Required Learning Activity #1 - Debrief

1. What is similar and/or different between the cultural perspectives of NAIG and AWG?
2. Consider the hybrid medicine wheel. What do we notice about our questions/answers? What does it remind us of? What do we wonder about?

Reflection of Conference Call #1

- MY MOST ENGAGED MOMENT...
- MY MOST DISTANCED MOMENT...
- THE MOST HELPFUL ACTION OF A PEER...
- WHAT SURPRISED ME MOST WAS...
- A QUESTION I HAVE IS...

*Please expand on the sentence starters!

Prepare for Conference Call #2

1. Review Slides 13-21.
2. Complete RLA #2 and post to Week #2 Forum.
3. Prepare to share your thoughts using the questions on **Slide #17**.
4. If you cannot join the call, listen to the recorded call and post your thoughts to the questions in the Week #2 Forum.

Calls to Action #87 - #91

#87... tell the national story of Aboriginal athletes in history

#88... long-term Aboriginal athlete development and growth, and continued support for NAIG

#89... policies that promote physical activity, reduce barriers to sports participation, increase pursuit of excellence in sport, and build capacity in the Canadian sport system, must be inclusive of Aboriginal peoples.

#90... national sports policies, programs, and initiatives must be inclusive of Aboriginal peoples: community sports programs reflect diverse cultures and traditional sporting activities; elite athlete development; programs for coaches, trainers, and sports officials; and, anti-racism awareness and training programs.

#91... respect Indigenous protocols at international sporting events and engage communities in planning and participating

Indigenous

Conference Call #2 Agenda

1. Check In
2. Learning Event Objectives
3. Debrief of RLA #2: Bright Spots (success stories)



RLA #2: Bright Spots

1. Create your own *Bright Spot* or success story presentation. Share a cultural, arts, sport activity/event that is unique to your community or region.
2. You can share your story in any way you'd prefer in our Week #2 Forum:
 - create a story book using a storybook template I can send you individually
 - record a short audio or visual of your story
 - write/draw/paint your story and post a picture of it
 - other ideas?

DUE: _____



RLA #2 - Debrief

I will document our discussion on a [Google Doc.](#)

1. Consider the hybrid medicine wheel. What do we notice about our Bright Spots? How is this making a difference for us? What connections are we making?
2. Now what? What is our role in supporting these unique events/activities in our communities?

Reflection of Conference Call #2

- MY MOST ENGAGED MOMENT...
- MY MOST DISTANCED MOMENT...
- THE MOST HELPFUL ACTION OF A PEER...
- WHAT SURPRISED ME MOST WAS...
- A QUESTION I HAVE IS...

*Please expand on the sentence starters!

Mársı | Kinanāskomitin | Thank you |
Merci | Haḡ' | Quana | Qujannamiik |
Quyanainni | Máhsı | Máhsı | Mahsı

Trainer Contact Information





With support from:

