



# Get to Know Your Community

RS102



# RS 102 - Get to Know Your Community

Recreation strengthens communities. When recreation leaders understand local culture, community and environment, they help to forge healthy relationships between diverse community groups. In this learning event, participants deepen their knowledge of their own community and its connections to recreation.



# Learning Objectives

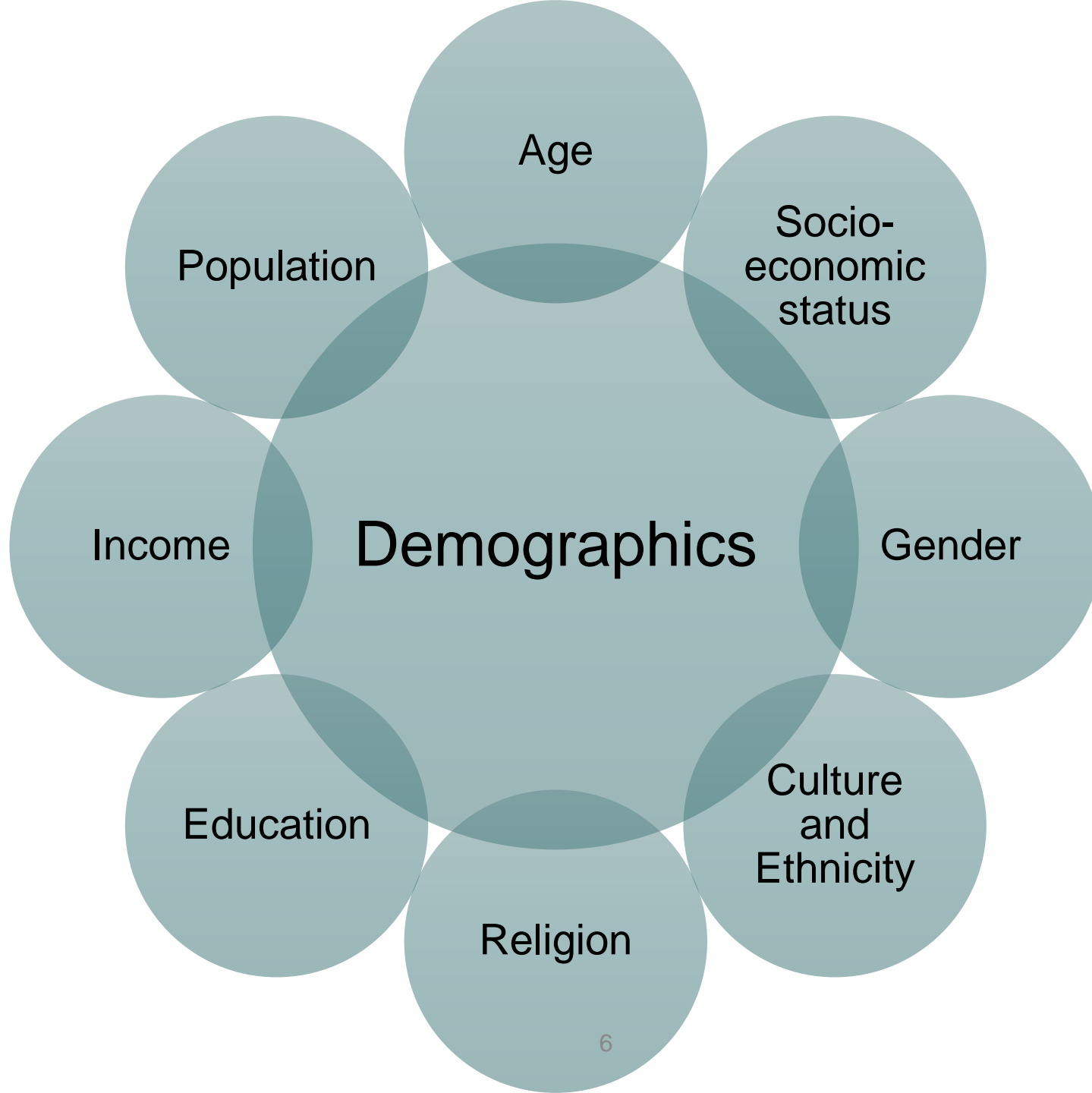
- Recognize your community and regional characteristics.
- Identify resources, relationships and local assets for community recreation.
- Explore strategies so that recreation responds to local culture, demographics, and environment.

# About Your Instructor:



# Prepare for Conference Call #1

1. Review Slides #1-15 in the **RS102 Presentation**.
2. Complete RLA #1 and post to Week #1 Forum.
3. Prepare to share your thoughts using the questions on Slide #13.
4. If you cannot join the call, listen to the recorded call and post your thoughts to the questions on Slide #13 in the Week #1 Forum.



## Inclusion & Access



Equitable participation for all, regardless of socioeconomic status, age, culture, race, Aboriginal status, gender, ability, sexual orientation or geographic location

(demographics cont'd)

# Framework for Recreation in Canada

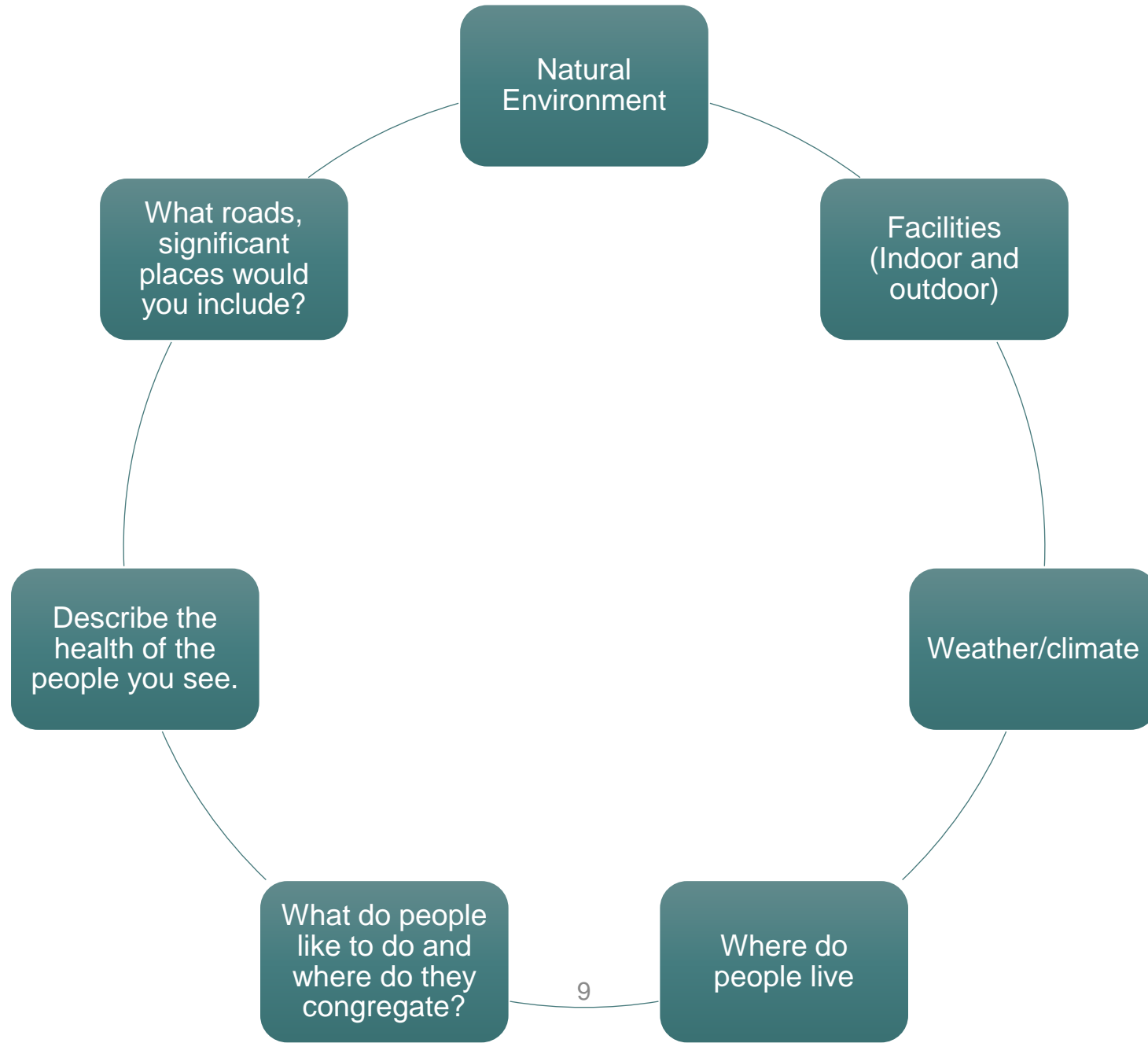
## Goal #2 – Inclusion and Access

# Find demographics of your community

- <http://www.yukoncommunities.yk.ca/> - use the drop down menu in the green bar to find information about a specific Yukon community
- <https://www.cyfn.ca/nations/> - Council of Yukon First Nations
- <https://www.statsnwt.ca/community-data/index.html> - NWT Bureau of Statistics (click on your community)
- <https://www.statsnwt.ca/community-data/index.html> - Nunavut community profiles (click on your community)



# How would you map the environment of your community?



Language

Traditions/Celebrations

Values/Upbringing

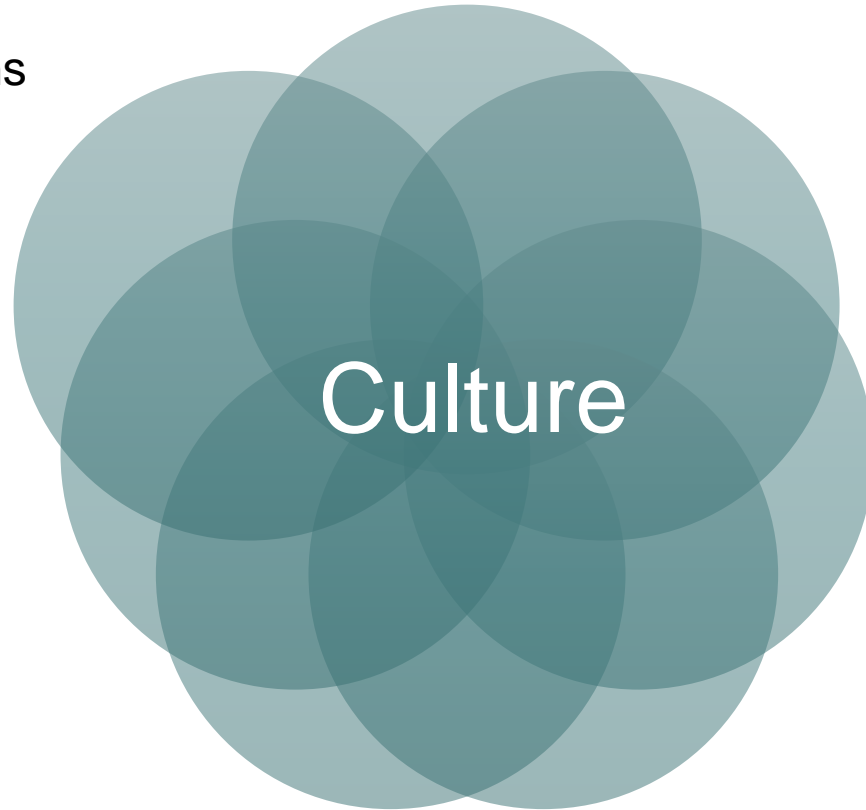
Culture

Art/Music

Food

Religion

History



# Conference Call #1 Agenda

1. Check In
2. Learning Event Objectives
3. Debrief of RLA #1: Community Stories and Journeys of Recreation
4. Introducing RLA #2:



# RLA #1

1. Describe the culture of your community.
  - What are the demographics of your community?
  - Describe the environment of your community.
  - Describe the journey of recreation for two different people in your community.

See **RLA#1** outline for more details.

2. Post your ideas in any way you'd prefer:
  - tell it/read it to us during conference call #1
  - record a short audio or visual and post in the Week #1 Forum
  - share a drawing/painting and post a picture of it in the Week #1 Forum
  - other ideas?

**DUE: Tuesday...(day before conference call)**

# RLA #1 - Debrief

1. What did you notice about the different journeys of recreation that were shared?
2. How do you get to know your whole community?
3. What are some strategies we can use to better respond to local culture, demographics and environments?

# Reflection of Conference Call #1

- MY MOST ENGAGED MOMENT...
- MY MOST DISTANCED MOMENT...
- THE MOST HELPFUL ACTION OF A PEER...
- WHAT SURPRISED ME MOST WAS...
- A QUESTION I HAVE IS...

\*Please expand on the sentence starters!

# RLA #2 – Why is this program/event so important?

1. Share an idea for a new event or program you'd like to offer in your community for a demographic that doesn't always get reached.
2. Explain to the funder why this is so important for your community.
  - Mention the culture and environment of your community, past successes, local and territorial government action plans and directions and community statistics
  - Mention resources, relationships and local assets to support your idea.

# Welcome to Week 2

During this week, you will:

- Prepare and participate in the Week 2 conference call.

**OR**

- If you cannot join the call, prepare and post your reflections on our discussion in the Week 2 Forum.



# Prepare for Conference Call #2

1. Review RS102 presentation slides 16-26.
2. Prepare to share your thoughts on three questions (slide #21) during the conference call.
3. If you cannot join the call, listen to the recording then share your thoughts to the questions on Slide #21 in the Week 2 Forum.

# Conference Call #2 Agenda

1. Check In
2. Learning Event Objectives
3. Debrief of RLA #2: Why is this program/event so important?
4. Check Out and Participant Feedback



# Reconciliation and Recreation

- Truth and Reconciliation Commission of Canada
  - 94 Calls to Action are made to address the legacy of residential schools and advance the process of Canadian reconciliation
- Review the [Calls to Action about Sports and Reconciliation](#) (#87 - #91) which are summarized on the next page.

# Calls to Action #87 - #91

#87 - Tell the stories of Aboriginal athletes in history

#88 - Continued support for the North American Indigenous Games

#89 - Amend the Physical Activity and Sport Act to ensure policies are inclusive to Aboriginal Peoples

#90 - Ensure that national sports policies, programs and initiatives are inclusive of Aboriginal Peoples

#91 - Ensure that Indigenous Peoples' territorial protocols are respected by officials and host countries of international sporting events

# RLA #2 - Debrief

1. What did you notice about the new event/program ideas?
2. Did we use any strategies to better respond to local culture, demographics and environments?
3. What was compelling in our explanations to the funder?

# Check Out and Reflection of Conference Call #2

- MY MOST ENGAGED MOMENT...
- MY MOST DISTANCED MOMENT...
- THE MOST HELPFUL ACTION OF A PEER...
- WHAT SURPRISED ME MOST WAS...
- A QUESTION I HAVE IS...

\*Please expand on the sentence starters!

# Participant Feedback Reminder

Please share your feedback and suggestions to help us improve the Pilot and develop the Program.

Complete the online Participant Feedback Form by \_\_\_\_\_ while RS102 is fresh in your mind!

Remember to click "Done" when you're finished.

Mársı | Kinanāskomitin | Thank you |  
Merci | Haḡ' | Quana | Qujannamiik |  
Quyainainni | Máhsı | Máhsı | Mahsı

Trainer's contact information







*With support from:*



# Resources

Kenny, C. and Fraser, T. (2012). *Living Indigenous leadership: Native narratives on building strong communities*. Vancouver, BC: UBC Press.

Merriam, S. B. & Bierema, L. L. (2014). *Adult learning: Linking theory and practice*. San Francisco, CA: Jossey-Bass.

