

Introduction to the Recreation and Sport System

RS101





Intro to the Recreation and Sport System

Recreation and Sport System (RS101) introduces the mix of groups, relationships, resources, and policies that form the system. Understanding these parts and priorities improves your ability to access resources for recreation.

Learning Objectives

- Describe local, territorial and national components of the recreation and sport system.
- Explain the role of public, not-for-profit, and private sectors in the recreation and sport system.
- Recognize the benefit of working with other sectors including health, education and justice.
- Discover the Truth and Reconciliation Commission's Calls for Action related to recreation and sport.

About Your Trainer:

Add description



Welcome to Week 1

During this week, you will:

- Share your thoughts in response to 3 questions on the Week 1 conference call.

OR

- If you cannot join the call, post your thoughts in the Week 1 Forum.

AND

- Prepare and share Required Learning Activity #1 in the Week 1 Forum.

What is a System?

A system has many different parts. Like an engine, a system works better when the different parts interact in a coordinated way.

Understanding some of the different parts of the recreation and sport system, will help you to access and use a variety of resources to support recreation in your community.

Who is Involved in Recreation?

- Take a few minutes to read [this short section](#) from the Framework for Recreation in Canada.
- In a few paragraphs, learn who is involved in our recreation system. Note that:
 - The provinces and territories are responsible for recreation, health and education (except on First Nations reserves).
 - Local government is the main supplier of recreation services.
 - The federal government supports policies and funding that enable all Canadians to participate in recreation.

Explore the Recreation and Sport System

Let's play Jeopardy! Choose to play as long as you want.

1. [Click here to play Recreation and Sport System Jeopardy.](#)
2. Go to page 2, the HOME page. Adjust the size on your screen so you see the whole page.
3. Choose any question in a category and an amount.
4. Click the arrow bottom right to find out the answer.
5. Click HOME bottom right to return to the Jeopardy Board.
6. OPTIONAL: Print the **Scorecard** (next page) and keep track of how many you get right!

RS101 Jeopardy Score Card

Recreation	Sport	Parks & Trails	Major Games	NGOs
<input type="checkbox"/> \$100				
<input type="checkbox"/> \$200				
<input type="checkbox"/> \$300				
<input type="checkbox"/> \$400				
<input type="checkbox"/> \$500				

FINAL
JEOPARDY
 \$500

Prepare for Conference Call #1

1. Explore parts of the System in **Systems Jeopardy**
2. List for yourself some of the parts you access. Are these:
 - Local? Territorial? National? Indigenous?
 - Not-for-profit? Government? Private?
3. Prepare to share your thoughts using the questions on the next page.
4. If you cannot join the call, post your thoughts about the questions in the Week 1 Forum.

Conference Call #1

1. What are some of the different parts that make up our sport and recreation system?
2. So, what is a system? How is the recreation and sport system complex?
3. As a recreation leader, how can understanding the recreation and sport system help you?

Required Learning Activity #1

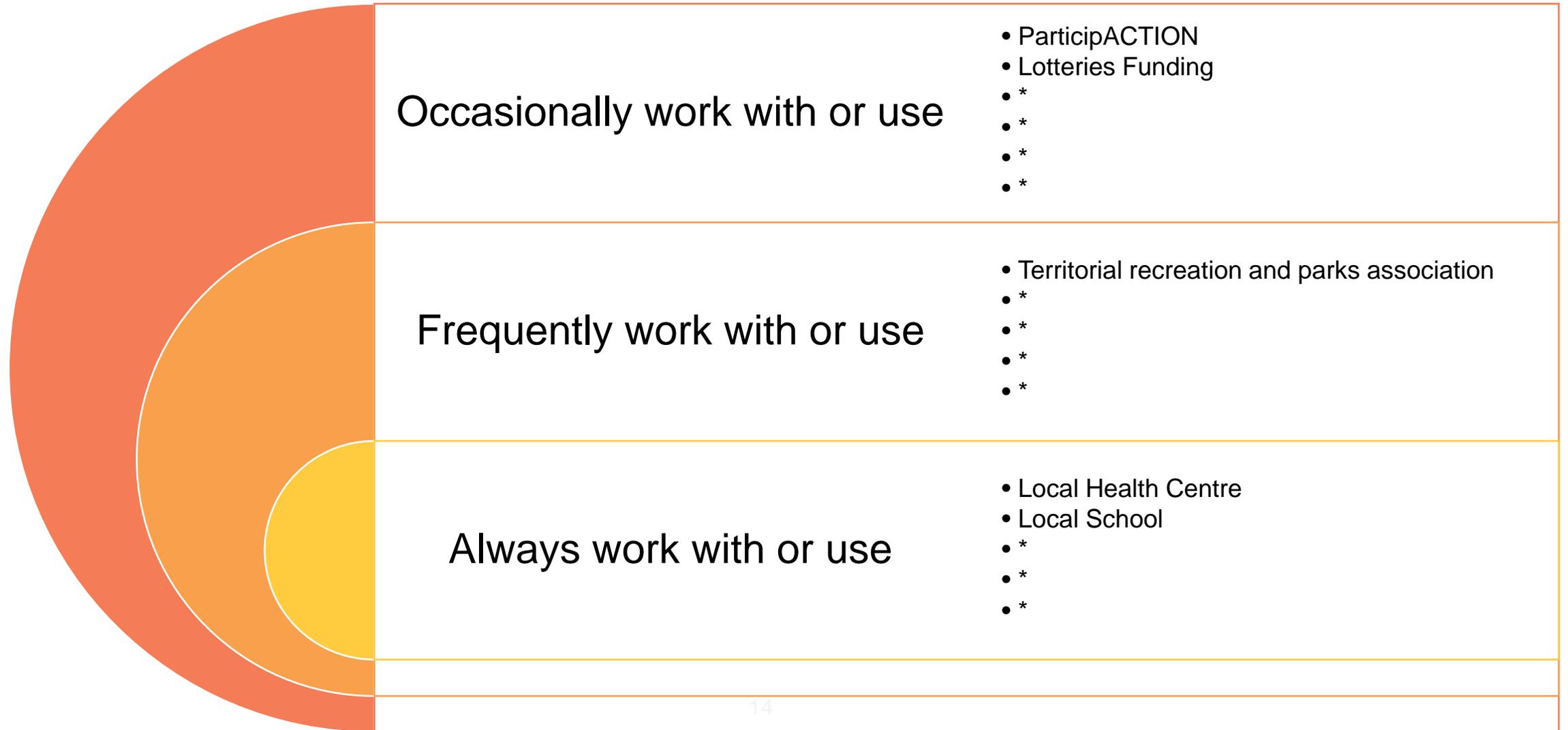
1. Map the different parts of the recreation and sport system that you access and interact with.
2. Try and include a variety of parts that are:
 - Local, territorial, national, Indigenous
 - Non-profit, government (public), private
 - People, organizations, facilities, funding
3. Use one of the two templates provided (next 2 pages) or create your own.

DUE: _____

My Recreation System Matrix

Organizations and resources I access and use...	Public / Government	Non-Profit	Private / Business
National	<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> • ParticipACTION 	<ul style="list-style-type: none"> • Mountain Equipment Co-op • Community Grants
Territorial	<ul style="list-style-type: none"> • Sport and Recreation Department/Division of my territorial government 	<ul style="list-style-type: none"> • Recreation and Parks Association (of ...) 	<ul style="list-style-type: none"> •
Local Community	<ul style="list-style-type: none"> • Community Health nurse 	<ul style="list-style-type: none"> • Girl Guides 	<ul style="list-style-type: none"> • Local grocery store

My Recreation Network



Welcome to Week 2

During this week, you will:

- Prepare and participate in the Week 2 conference call.

OR

- If you cannot join the call, prepare and your reflections on our discussion in the Week 2 Forum.

Working with Other Sectors

IF...

Recreation fosters the wellbeing of individuals and communities, and of our built and natural environments.

THEN...

We can't do it alone!

In Recreation, we need to work with:

- Public, not-for-profit and private service providers
- Public and private planners and developers
- Local, regional, territorial, Indigenous and federal governments
- Sectors: health, tourism, education, arts and culture, nature conservation, etc.
- People: parents and family, elected officials, recreation staff, early childhood educators, caregivers, teachers, coaches and volunteer leaders, etc.

Reconciliation and Recreation

- Truth and Reconciliation Commission of Canada
 - 94 Calls to Action are made to redress the legacy of residential schools and advance the process of Canadian reconciliation
- Review the [Calls to Action about Sports and Reconciliation](#) (#87 - #91) which are summarized on the next page.
- What could you do to address these calls to action?

Calls to Action #87 - #91

#87... tell the national story of Aboriginal athletes in history

#88... long-term Aboriginal athlete development and growth, and continued support for NAIG

#89... policies that promote physical activity, reduce barriers to sports participation, increase pursuit of excellence in sport, and build capacity in the Canadian sport system, must be inclusive of Aboriginal peoples.

#90... national sports policies, programs, and initiatives must be inclusive of Aboriginal peoples: community sports programs reflect diverse cultures and traditional sporting activities; elite athlete development; programs for coaches, trainers, and sports officials; and, anti-racism awareness and training programs.

#91... respect Indigenous protocols at international sporting events and engage communities in planning and participating

Indigenous



Prepare for Conference Call #2

1. Review presentation pages 15 - 19
2. Prepare to share your thoughts on three questions (next page) during the conference call.
3. If you cannot join the call, listen to the recording then share your thoughts in the Week 2 Forum.

Conference Call #2

Recreation has more impact when we work with other sectors.

- 1) What does working “across-sectors” or “multi-sectorally” mean?
- 2) How can working with others help enable the benefits of recreation?
- 3) How can recreation leaders address TRC’s 5 calls to action in Sport?



With support from:

