



Learning Event Lesson Plan¹:

RS101- Intro to the Sport and Recreation System

Learning Objectives/Outcomes:

1. Describe local, territorial and national components of the recreation and sport system.
2. Explain the role of public, not-for-profit, and private sectors in the recreation and sport system.
3. Discover the Truth and Reconciliation Commission's Calls for Action related to recreation and sport.
4. Recognize the benefit of working with other sectors including health, education and justice.

Participants will successfully complete their LE by:

1. Participating in the Week 1 conference call OR posting a response in the Week 1 Forum.
2. Completing and sharing Required Learning Activity #1 in the Week 1 Forum.
3. Completing Required Learning Activity #2 and sharing it on the Week 2 conference call OR posting it to the Week 2 Forum.

¹ Purpose for the Learning Event Lesson Plan:

- Supports tracking of activities during Pilot.
- Provides background for evaluation.
- Provides a plan in case trainer is unexpectedly away.
- Provides some response to work plan requirement for facilitator and participant manuals.

Time/Timing	Activity & Description	Purpose	Materials and/or Resources	Technology and Tools
Day 1	Post welcome message in Learning Space	Encourage participants to log in to Learning Space and review materials	RS101 presentation	Moodle PPT
Day 1	<ol style="list-style-type: none"> 1. Review RS101 presentation 2. Read brief excerpt from National Recreation Framework 3. Explore the system through Systems Jeopardy (as much or as little as you want) 	To explore components of the sport and recreation system	Excerpt from National Rec Framework ² Recreation and Sport System Jeopardy Game ³ Jeopardy Scorecard ⁴	Jeopardy PPT (pdf) Online files
Day 2	Prep for Conference Call #1: <ol style="list-style-type: none"> 1. List some of the parts of the recreation and sport system you access. Are these: <ol style="list-style-type: none"> a. Local? Territorial? National? Indigenous? b. Not-for-profit? Government? Private? 2. Prepare to share your thoughts on the call about 3 questions. 3. If you cannot join the call, post your responses in the Week 1 Forum. 	To encourage participants to consider that there are local, territorial and national resources; and that these may be public, private or non-profit.	Questions for conference call in presentation. Responses added to Padlet which will be shared	Padlet ⁵ - Caroline will record responses

2

<https://files.recnorth.ca/documents/LearningEvents/Who%20Is%20Involved%20in%20Recreation%20from%20the%20Framework%20For%20Recreation.pdf>

³ <https://files.recnorth.ca/graphics/LES/Recreation%20Systems%20Jeopardy%20Game.pdf>

⁴ <https://files.recnorth.ca/documents/LearningEvents/RS101%20Jeopardy%20Scorecard.pdf>

⁵ https://padlet.com/csc_yukon/8uam3p0ztxfb



Time/Timing	Activity & Description	Purpose	Materials and/or Resources	Technology and Tools
Day 3	<p>Welcome</p> <p>Conference call #1 Questions</p> <ol style="list-style-type: none"> 1. What are some of the different parts that make up our sport and recreation system? 2. So, what is a system? How is the recreation and sport system complex? 3. As a recreation leader, how can understanding the recreation and sport system help you? 	Encourage understanding of the local, territorial and national components and of the role of public, not-for-profit, and private sectors in the recreation and sport system.	<p>Participant List/Map</p> <p>Questions page 11 presentation</p> <p>Learners who cannot join the call will post their replies in Week 1 forum.</p>	<p>RS101 PPT</p> <p>Conference call</p> <p>Moodle Forum</p>
Day 4 - 8	<p>Work on Required Learning Activity #1 and post into Forum:</p> <ol style="list-style-type: none"> 1. Map the different parts of the recreation system you access and interact with. 2. Try and include a variety of parts that are: <ul style="list-style-type: none"> • Local, territorial, national. Indigenous • Non-profit, government (public), private • People, organizations, facilities, funding 3. Use one of the two templates provided or create your own. 	Learners explore and explain their role in the recreation and sport system and the relationships they have.	<p>Matrix template (slide 13)</p> <p>Network template (slide 14)</p>	<p>Word Templates</p> <p>Moodle Forum</p>
Day 9-10	<ol style="list-style-type: none"> 1. Review presentation pages 15 - 19 2. Prepare to share your thoughts on three questions (next page) during the conference call. 	Learners understand that the recreation system is open and works with other sectors and helps to address broad priorities.	<p>PPT slides 15-21</p> <p>Questions – slide 21</p>	Moodle Forum



Time/Timing	Activity & Description	Purpose	Materials and/or Resources	Technology and Tools
	3. If you cannot join the call, listen to the recording then share your thoughts in the Week 2 Forum.		Learners who cannot join the call will post their replies in Week 2 forum.	
Day 10	Conference Call #2 Welcome Part 1: Working with other sectors 1. Recreation has more impact when we work with other sectors. <ul style="list-style-type: none"> a) What does working “across-sectors” or “multi-sectorally” mean? b) How can working with others help enable the benefits of recreation? c) How can recreation leaders address TRC’s 5 calls to action in Sport? 	Learners recognize that working across sectors helps to maximize the benefits of recreation.	Excerpt from National Rec Framework Slides 18-19 TRC Calls to Action ⁶	RS101 presentation Conference call
Day 13	Reminder of Participant Feedback	To gather feedback for evaluation	Link and post from Sylvia	Survey link – slide 23

POSTS

⁶ [http://www.trc.ca/websites/trcinstitution/File/2015/Findings/Calls to Action English2.pdf](http://www.trc.ca/websites/trcinstitution/File/2015/Findings/Calls%20to%20Action%20English2.pdf)



Sunday, February 4

Welcome to Week 1 of RS101, Intro to the Recreation and Sport System. Follow the steps below to successfully complete this week's learning activities.

This week's conference call will be on **Wednesday, February 7 at 1:00 PM eastern**, Noon central, 11:00 AM mountain and 10:00 AM pacific time zones.

- **Toll Free Conference Call Number: 1-888-289-4573**
- **Access Code: 8690945**

Week 1 Activities

1. Review pages 1 to 14 in the [RS101 Presentation](#).
2. Take a few minutes to read [this short section](#) from the Framework for Recreation in Canada.
3. Explore our System by playing [Recreation and Sport System Jeopardy](#).
4. Prepare for conference call #1 with these questions:
 - a) What are some of the different parts that make up our sport and recreation system?
 - b) So, what is a system? How is the recreation and sport system complex?
 - c) As a recreation leader, how can understanding the recreation and sport system help you?
5. Start work on Required Learning Activity #1.

If you cannot join the call, listen to the recording and then post your thoughts on these questions in the [Week 1 Forum](#).

Let's get started... if you have any questions, please ask!

Caroline

Tuesday, February 6



Hi everyone,

Please join in the RS101 (Recreation and Sport Systems) conference call tomorrow (**Wednesday, February 7**) at 1:00 PM eastern, Noon central, 11:00 AM mountain and 10:00 AM pacific time zones.

Dial: 1-888-289-4573 and use the code: 8690945

BEFORE the call, review pages 1 to 14 of the [RS101 Presentation](#), read [the one-page section](#) from the National Recreation Framework, and (optional) play [Recreation and Sport System Jeopardy](#).

We will discuss these questions on the call:

- What are some of the different parts that make up our sport and recreation system?
- What is a system? How is the recreation and sport system complex?
- As a recreation leader, how can understanding the recreation and sport system help you?

If you cannot join conference call #1, please listen to the recording, then respond to the three questions in the [Week 1 Forum](#).

Kwänäschis

Thank you in Southern Tutchone

Caroline

Wednesday, February 7

Today's RS101 conference call on Recreation and Sport Systems was hosted on the traditional territory of Kwanlin Dün First Nation and Ta'an Kwäch'än Council.

On the call, we...



For those who were not able to join the call, please listen to the recording. Then, post your thoughts on the following questions in the [Week 1 Forum](#).

1. What are some of the different parts that make up our sport and recreation system?
2. So, what is a system? How is the recreation and sport system complex?
3. As a recreation leader, how can understanding the recreation and sport system help you?

Please begin your [RS101 Required Learning Activity](#) posting it by **Tuesday, February 13** in the [Week 2 Forum](#).

Kwänäschtis (Thank you in Southern Tutchone)

Hello everyone,

Thank you for joining in today's conference call. The recording is posted on the [RS101 Resources Page](#). If you did not join in today's call, please listen to it and then post your thoughts about the three questions that were discussed in the [Week 1 Forum](#).

Now, take some time to get started on Required Learning Activity #1. In this activity you will...

If you have any questions, please ask!

Sunday, February 11

Hello everyone,

As we begin Week 2 of RS101, this is a reminder to please post your Required Learning Activity by Tuesday. Please see the [Week 2 Forum](#) for more details.

Thanks for sharing!



Welcome to Week 2 of RS101, Intro to the Recreation and Sport System. This week's conference call will be on **Wednesday, February 7 at 1:00 PM eastern**, Noon central, 11:00 AM mountain and 10:00 AM pacific time zones.

- **Toll Free Conference Call Number: 1-888-289-4573**
- **Access Code: 8690945**

Follow the steps below to successfully complete the last activity for RS101.

1. In preparation for Wednesday's conference call, review pages 15 to 23 in the [RS101 Presentation](#).
2. Take a look at the TRC's [Calls to Action about Sports and Reconciliation](#) (#87 - #91). What can you do to address these calls to action?
3. Prepare for conference call #2 with these questions:
 - What does working "across-sectors" or "multi-sectorally" mean?
 - How can working with others help enable the benefits of recreation?
 - How can recreation leaders address TRC's 5 calls to action in Sport?

If you cannot join the call, listen to the recording and then post your thoughts on these questions in the [Week 2 Forum](#).

Again, if you have any questions or concerns with what is expected of you, please let me know.

Wednesday, February 14

Hi everyone,

For those who were unable to join today's conference call, please do the following by Friday of this week.

1. Listen to this 15-minute recording that summarizes the call. (Sorry, I forgot to record the call because we were having such a great conversation!) If the link below doesn't work, please let me know.



2. Post your thoughts on the questions below in the [Week 2 Forum](#).
 - What does working “across-sectors” or “multi-sectorally” mean?
 - How can working with others help enable the benefits of recreation?
 - How can recreation leaders address TRC’s 5 calls to action in Sport?

To successfully complete this learning event, please post your Required Learning Activity in the [Week 2 Forum](#).



FINAL JEOPARDY

\$500

RS101 Jeopardy Score Card

Recreation	Sport	Parks & Trails	Major Games	NGOs
<input type="checkbox"/> \$100				
<input type="checkbox"/> \$200				
<input type="checkbox"/> \$300				
<input type="checkbox"/> \$400				
<input type="checkbox"/> \$500				



Templates for mapping interactions in the recreation and sport system.

My Recreation and Sport System Matrix⁷

Organizations and resources I access and use as a recreation leader...	Public / Government	Non-Profit	Private / Business
National	•	• ParticipACTION	• Mountain Equipment Co-op Community Grants ⁸
Territorial	• Sport and Recreation Department/Division of my territorial government	• Recreation and Parks Association (of ...)	•
Local Community	• Community Health nurse	• Girl Guides	• Local grocery store

⁷ Download at: https://docs.google.com/document/d/1SH_7o7k1YYyOjklTn0jQwvenFLIJRZqkr2hLDNg94A8/edit?usp=sharing

⁸ <https://www.mec.ca/en/explore/spring-and-fall-grants>

My Recreation and Sport System Network

