

# RL101 IDENTIFY YOUR LEADERSHIP STRENGTHS

## Part 1



# Identify Your Own Leadership Strengths

Recreation Leadership 101 (RL101) explains leadership as a personal journey that reflects culture and community.

Learn more about your strengths and identify strategies for growth. As a recreation leader, model positive behaviours that encourage health and wellbeing.



# Learning Objectives

- Identify your own leadership strengths and areas for growth through meaningful resources and tools.
- Use your leadership learnings in daily practice and behaviour.
- Develop a personal "toolbox" of resources for recreation and teambuilding settings.

About your instructor:



# Agenda

1. Learning Event Expectations and Objectives
2. Debrief of Learning Activity #1: What struck you about leaders in the North?
3. Introducing Learning Activity #2: Learn About Your Leadership Style



# Identify Your Own Leadership Strengths

- Your leadership reflects your own culture and community.
- You support staff and volunteers to develop skills, knowledge, and attitudes that model and promote wellbeing.



# Learning Activity #1: How Do You Understand Leadership?

1. Who is a leader in your life?
2. What is a symbol that represents this person's leadership?  
Explain what the symbol represents.
3. How are you a leader?



# What struck you about leaders in the North?

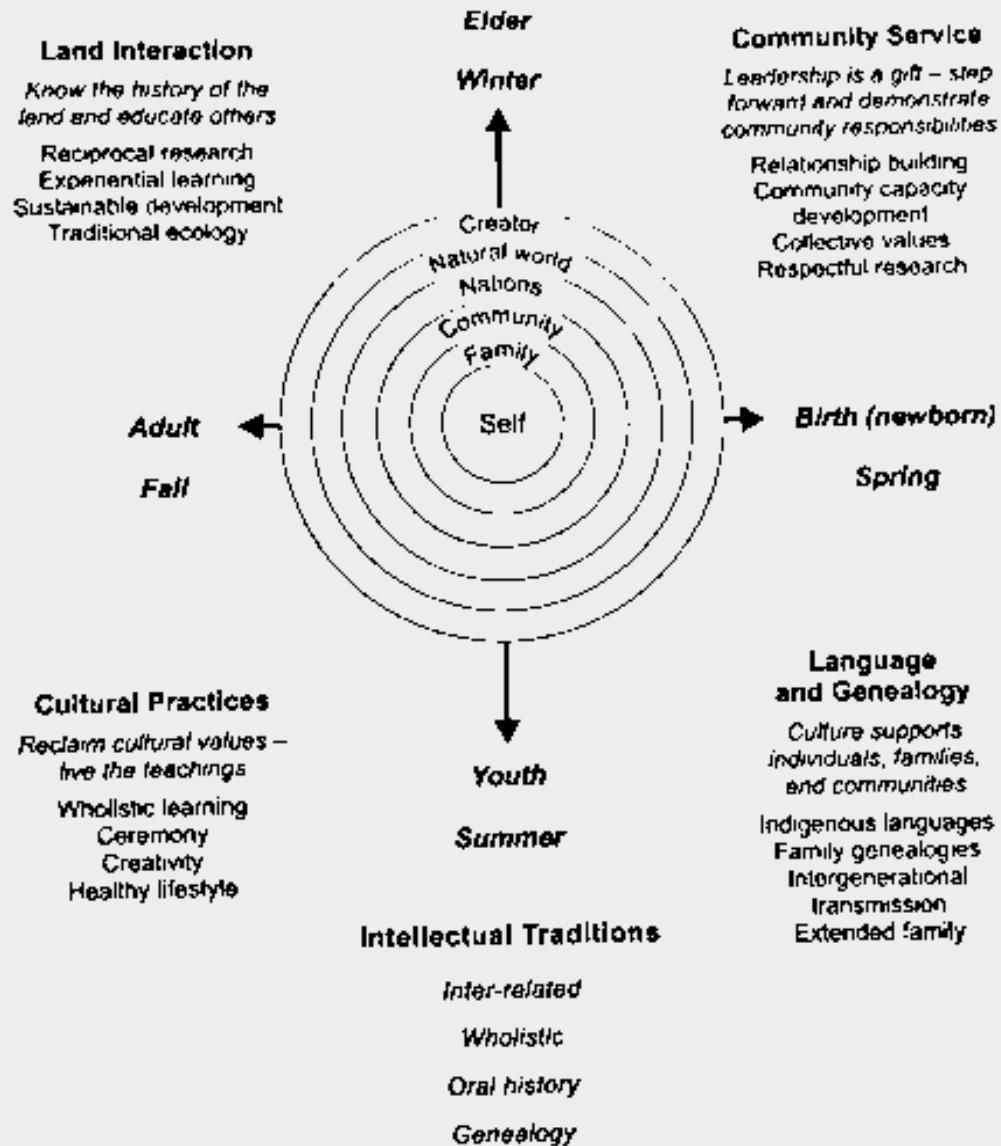
- Your Name, Community, Check In
- What struck you the most after reading about leaders in our lives?





# Highlights from Learning Activity #1





Transformative leadership promotes life experiences, storywork, and land-based pedagogy.  
Indigeneity promotes beauty, balance, and harmony.

- Core Components of Indigenous Leadership
- First Nations House of Leadership Program, Elder's Recommendations
- Coast Salish and University of British Columbia partnership

[Click here to open the model in a separate page](#)

(Young Leon, A., 2012)

# Think of Yourself as a Community Recreation Leader

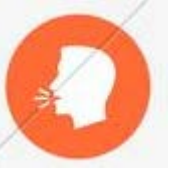
- You are a role model in your community.
- You facilitate changes that make your community a better place to live, work, and play.
- “You can be a leader - with or without a title.”
- Leadership begins with understanding your own leadership strengths.

# Introducing Learning Activity #2: Learn About Your LEADERSHIP STYLE

- Complete the " Emotional Intelligence Self Assessment"
- Choose one of the six Leadership Tools that are included in the Moodle Book.
- Complete 4 questions based on the Emotional Intelligence tool and the second leadership tool you choose.

Post your reflection (consider using a creative approach)



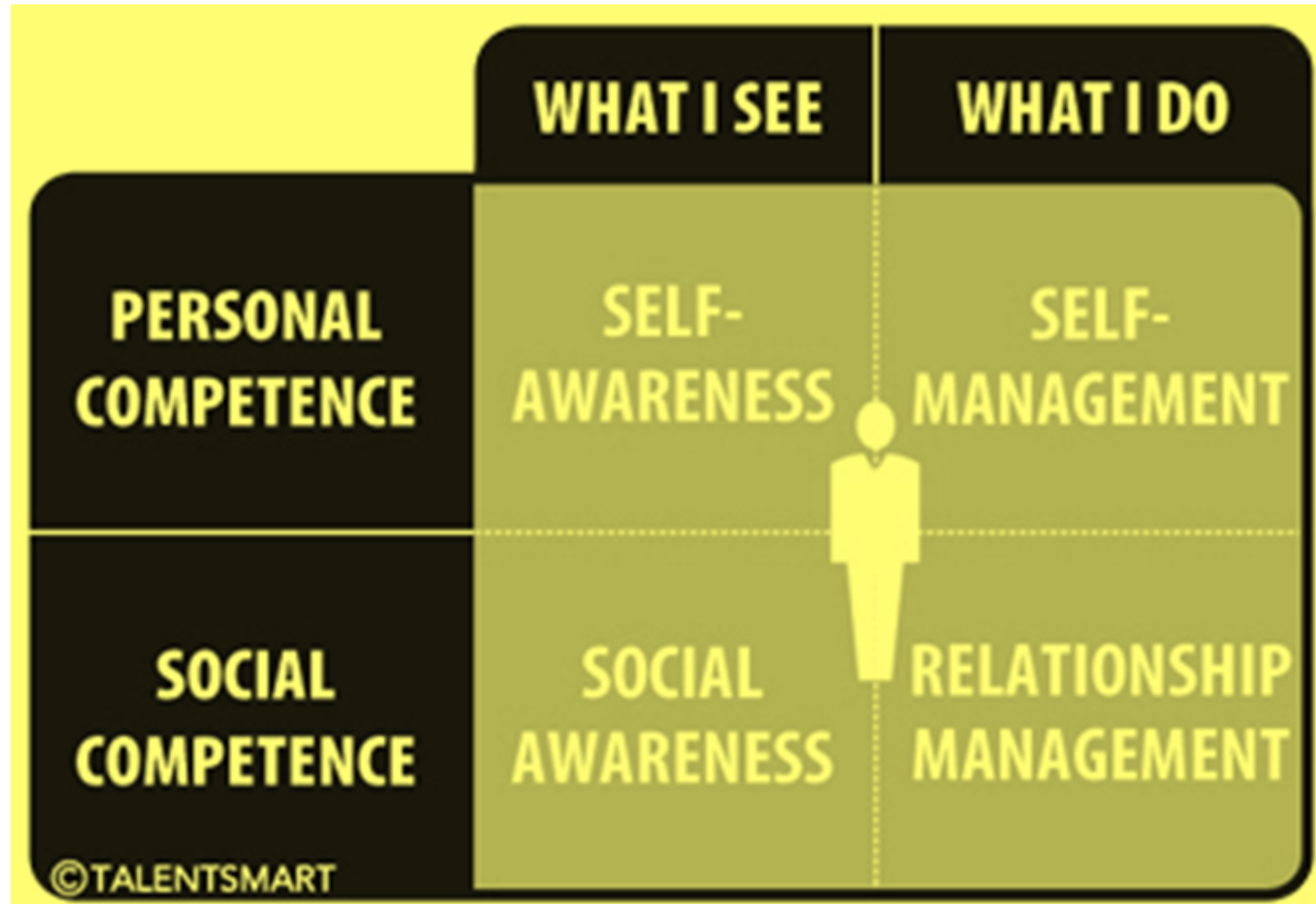


## Learning Activity #2: Learn About Your Leadership Style

- What leadership tools did you complete?
- What did you learn about yourself as a leader?
- Has your understanding of leadership changed at all?
- What will you do differently as a recreation leader?

You can share your reflection to these questions in a variety of creative ways – audio, video, drawing, painting, collage, poem, symbol, clay sculpture, song, story etc...

# Emotional Intelligence



# Moodle Book Leadership Tool #1: Community Leadership Styles Tool

- People have preferences.
- You have traits that influence how you perceive the world and make decisions.
- Knowing those of others, can help you adapt and strengthen the impact of your leadership.
- You can reduce conflict knowing that it is not personal when someone approaches situations differently.



# Moodle Book Leadership Tools (cont'd)

2. Legend of the Fish Skin Man (read Module 4 p. 3-6)
3. Have tea with a family member, leader, Elder or mentor in your community to help you discover your strengths and/or responsibility as a leader in your community.
4. Karen Wright-Fraser telling a Gwich'in Story: So Good a Worker (12 min audio)
5. Taimani – At That Time – An Inuvialuit Timeline Visual Guide (Read page 47 – ‘Our Leaders’)
6. An Inconvenient Indian by Shane Koyczan and feat by Tanya Tagaq and Kym Gouchie (6 min you-tube video)





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Instructor contact information





*With support from:*

