

# RL101: Identify Your Own Leadership Strengths

## Overview (DRAFT)

This learning event explains leadership as a personal journey that reflects culture and community. Learn more about your strengths and identify strategies for growth. As a recreation leader, model positive behaviours that encourage health and wellbeing.

*RL101 - Identify Your Own Leadership Strengths was designed and prepared for Recreation North by Brenda Herchmer and Wendy Lahey and editing by Caroline Sparks. The tool, Understanding Your Leadership Style, was developed and is owned by Brenda Herchmer, Grassroots Enterprises. Any changes to this tool require permission. Development was funded by the Arctic Inspiration Prize.*

### Week 1 Activities:

Week 1 learning opportunities will help us identify what we value in a leader and our own leadership strengths and areas for growth. We'll explore some different ways to think about leadership.

1. Begin by reviewing the Week 1 Presentation to prepare for the first conference call. Some of the slides refer to leadership tools that are part of a Moodle Book posted in the Week 2 Forum – these will be explained during the Week 1 conference call.
2. Download Handout 1 and complete the tasks listed in the Required Learning Activity #1 (RLA#1 - see below).
3. Participate in the weekly conference call.

### Required Learning Activity #1

Review the following questions and post your answers in the discussion forum.

1. Who is a leader in your life?
2. What is a symbol that represents this person's leadership? Explain what the symbol represents.
3. How are you a leader?

If time permits, review some reflections from other learners. Post a thoughtful response or question to a post that no one else has responded to yet.

### Week 2 Activities:

Week 2 learning opportunities will provide you with some new tools to add to your leadership “toolbox”. We’ll explore and discuss different perspectives on the value and use of a selection of leadership tools.

1. Begin by reviewing the Week 2 Presentation to prepare for the final conference call.
2. Scan the selection of leadership. Choose one of the six leadership tools to help you find what makes you a strong leader.
3. Download Handout 2 (which includes the Emotional Intelligence Self-Assessment). Complete the steps outlined in the Required Learning Activity #2 (RLA#2 - see below).
4. Participate in the final conference call.

### **Required Learning Activity #2**

1. Complete the Emotional Intelligence Self-Assessment that is part of RL101-HO2.
2. Read the leadership tool you selected from the Moodle Book.
3. Based on what you learned as you completed the first two steps of this RLA, consider the following questions:
  - What did I learn about myself as a leader?
  - Did this change my understanding of leadership?
  - What will I do differently in my role as a recreation leader?Share your answers. You can share your thoughts in creative ways: audio, video, drawing, painting, collage, poem, symbol, clay sculpture, song, story, etc.
4. If you need help sharing your final creation, contact the trainer as soon as possible. Remember to identify the leadership tool you reviewed before completing Step 3.

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