

## PE102: Create Positive Program Experiences

### Overview *(DRAFT)*

This learning event explores how to establish safe and supportive environments for recreation participants. You will learn what influences behaviour and how a strengths-based approach helps build confidence when dealing with challenging situations. Community members are more likely to be involved in recreation when their experiences are positive.

*PE102 - Create Positive Program Experiences was designed and prepared for Recreation North by Caroline Sparks with input from Jodi Alderson and Brenda Herchmer. Development was funded by the Arctic Inspiration Prize.*

### **Week 1 Activities:**

Week 1 learning opportunities will help you build awareness and understanding of what drives and impacts behaviour and recognize the value of a strengths-based approach in recreation programming. Follow these steps for a successful learning experience.

1. Review pages 1 to 20 in the Presentation-PE102
2. Complete Required Learning Activity (RLA) #1. Share it in the Week 1 Forum **before the first** conference call.
3. Join the conference call. If you cannot join conference call #1, post RLA#1 and listen to the recording.
4. After the conference call, work on RLA#2 and post it by the following Tuesday.

#### **Required Learning Activity #1**

**Due:** before the first conference call

My own positive experience

1. Think about a time as a participant when you had a positive experience.
2. Explain why it was positive. Explain...
  - What took place?
  - Overall, how did you feel?
  - What made the experience important or meaningful for you?

### **Week 2 Activities:**

In Week 2, we will explore how to apply a strengths-based approach and identify tools and strategies that contribute to positive recreation experiences. Follow the steps below to successfully complete PE102 by the end of Week 2.

1. Review the Presentation-PE102.
2. Complete RLA#2 before the final conference call, and share it in the Week 2 Forum.
3. Join the second conference call. If you cannot join conference call #2, post RLA #2 and listen to the recording.
4. Complete RLA #3 and upload it into the Week 2 Forum by \_\_\_\_\_.

### **Required Learning Activity #2**

#### **Share RLA#2 before the 2<sup>nd</sup> conference call in the Week 2 Forum**

1. Think about a time (in a recreation setting) when you experienced or observed a Problem-Centered Approach OR a Strengths-Based Approach.
2. Describe what happened.
3. Explain what was done (or could have been done) to create a more positive experience?
4. Identify changes or impacts that were evident (or could have emerged) in the participant(s), group or community?

### **Required Learning Activity #3**

#### **Share RLA #3 by \_\_\_\_\_ in the Week 2 Forum**

1. Identify two tools, strategies or actions that you will use to encourage positive program experiences?
2. Describe what these are or how to use them. Provide a hyperlink if you found them on the Internet.
3. Explain what you expect will change as a result of using these.

### **References (for Presentation)**

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