

## CRLP100 – Required Learning Activity

### Introductions Forum (DRAFT)

*Designed and prepared for Recreation North by Caroline Sparks. Development was funded by the Arctic Inspiration Prize.*

**Complete by:**

#### **Activities:**

1. Update your Moodle profile with a photo and a bio.
2. Create a separate and new post in this forum. In your post, say a quick hello and share with other participants a little bit about yourself.

For help on creating a new post, go to the [Glossary and Help Items](#) and look for [Post to a Forum](#).