



**INUVIK
SKI CLUB**

Food, families, fun in the sun,
learn to clean, shoot, and handle a gun.
More than just Bingo, it's Boot Camp and Yoga,
And for Halloween, dress up in a toga!
Language and cultural teachings abound,
helping to turn down the mental stress sound.
Get out on the land, by ski, bike, or boat,
you'll be sure to meet friends while keeping afloat.
Maintained by the town, are a pool, gym, and courts,
giving plenty of chances to dress in your shorts.
Non profit spaces help to encourage play,
At the Greenhouse or Ski Hut, you'll be active all day!
There are plenty of benefits, I'm sure you agree,
to recreation and leisure in the town of East Three.

But all is not gold when it comes to this place,
and sometimes there seems to lack a friendly face.
Government town with a transient nature,
recreation programming is often in danger.
Funding's available but people are not.
It takes some real courage to give leadership a shot.
Training of coaches, mentors, and teachers
is difficult to find, so you sit in the bleachers,
waiting for something affordable and fun,
to participate or lead, but alas there are none.
They're all posted on Facebook to your jiju's dismay!
Without a computer, it can be a boring day.
High fees and low numbers, with few public spaces
There's some work to be done, before Inuvik holds aces.



Community Support

Volunteers

Lifestyles

Recreation

RECREATION recreation

Recreation **Recreation**

RECREATION RECREATION recreation Recreation

BENEFITS OF

Be Responsible

Stay Well

Improve My Health

Feel Confident

Improve My Relationships

Feel Positive

Be A Leader

Feel Important

Prevent Stroke

Appreciate Nature

Have Friendships

Feel in Control of My Life

Be Spiritual

Programming

Leisure Increases My Time Spent Outdoors

Benefit My Overall Well-Being

Cope with Pain

Cope with Anger

Feel Free

Feel Peace

Get Along with Others

Cope with Anxiety

Be Creative

Have Fun

Bond with My Family

Lose Weight

Prevents Diseases

Appreciate Life

Stay Occupied

Lifestyles

Provide Entertainment for Me

Improve My Physical Strength

Have Adventure

Improve My Breathing

Cope with Stress

Recreation

RECREATION recreation

Recreation **Recreation**

RECREATION RECREATION recreation Recreation

BENEFITS OF

BARRIERS IN DELINE



COMMUNICATION
TRAINING

ISOLATION
TRANSPORTATION/HOTEL COST

LACK OF SUPPLIES AND FACILITY FOR GENDER RELATED ACTIVITIES
• TRADITIONAL AND MODERN SPORT
• EQUIPMENT ROOM, COMPUTERS, FACILITIES TO RUN CERTAIN PROGRAMS

REHIRING, REPOSITIONING AND MORE TRAINING MONEY

LACK OF PARTICIPANTS AND VOLUNTEERS

- LIVING IN A SMALL COMMUNITY PEOPLE WORRY ABOUT INCOME
- HIGH PRICE GROCERYS, HOUSING ECT.